**Achieving an Authentic Gender Identity through Gender Reassignment**

‘An accurate diagnosis of Gender Dysphoria might signal the appropriateness of gender reassignment surgery (GRS), it does not however ensure a successful outcome from gender reassignment. It is essential for the mind and body to go in tandem through the gender reassignment process.’

Lynda Quick, March 2014

This presentation highlights the atypical gender identity development, puberty and adolescent process, and how, for those suffering from gender dysphoria, they go through a mis-attuned gender identity, puberty and adolescence before seeking gender reassignment. My presentation then highlights the importance of achieving an authentic gender identity, puberty and adolescence through gender reassignment.

Lynda Quick, CTA, is the lead psychotherapist & supervisor at the Laurels Gender Identity Clinic in Exeter and specialises in gender identity disorders. She also has small private practice.

